



food system change  
online congress

# Vertical Farming

In vertical farming (a sub-category of 'ZFarming') plants are grown on upright surfaces or on vertically layered horizontal surfaces.

It's a common form of urban agriculture in regions, where conventional arable land is scarce. Examples are indoor cultivation and vertical greenhouses inside buildings.



sustainability  
potential

- increases food security
- high area efficiency
- local production: reduces transportation
- promotes regional economic cycles
- raises awareness of food sustainability

